



August/September, 2022

Welcome Back!

Dear Fremont Ross Families and Community,

It is with great excitement that we welcome you back to our new school year. We are hoping that the summer of 2022 provided you the opportunity to make wonderful memories, and are prepared for a positive new school year. All decisions made in high school by our students affect graduation in some manner. Our staff is here to guide and inform our students as they determine their graduation pathway for enrollment into college, the workforce or the military. The partnership between the school and home is critical and we look forward to establishing communication with our families regarding student achievement, progress, and options.

Now that school has resumed, we are proud to announce some changes that have taken place at Ross High School. First and foremost, we need to introduce to you the new Ross administration team. I am now in the principal role at Ross. Ms. Robinson continues as Assistant Principal who will work closely with our juniors and seniors. Mr. Kyle Hintze is our new Assistant Principal who will work closely with our freshmen and sophomores. Mr. John Cahill continues as our Coordinator who works with discipline, the Personalized Learning Center, and with our Public Relations teams. We also welcome our new staff members: Mrs. Kathryn Carrier (American Government/Economics), Mrs. Emily Depinet (Intervention Specialist – Math), Mrs. Robin Gardner (Intervention Specialist – Math and Science), Ms. Reghan Hineline (Intervention Specialist – English), Ms. Jackie Manosky (English 10 and electives), Mrs. Courtney Warner (English 9), and Ms. Julia Zucker (Choir). Also, Ms. Lagrou was married this summer and is now Mrs. Ranazzi. We are excited to have these professionals join the Ross team.

This school year we are going to continue our focus on our literacy initiative. Students have been learning to utilize the writing process in every class at Fremont Ross. This year we will incorporate the reading strategies with the writing expectation to help our students develop strong skills to be applied to their real life experiences. For success with all components related to education, we feel the need to remind students and their families that regular attendance matters to your school success! Good attendance is missing not more than one day of school/class a month, whether excused or unexcused. Poor attendance leads to lower educational outcomes (grade point average, OST scores and ACT scores), the increased potential for involvement in risky behavior, and higher dropout rates. We want to build a partnership between the school and Ross families so we can work together to find solutions to many barriers regarding attendance. Please reach out to us to collaborate on these issues. We thank you in advance for your efforts to help your student attend school regularly.

Freshmen will begin school on Monday, August  $29^{th}$  to help them transition more easily. All other students will begin school on Tuesday, August  $30^{th}$ . School hours remain the same: 7:30-2:30 pm. On behalf of the staff of Ross High School, we look forward to working with our students and families throughout this school year.

Yours in education,

Christine Oravets
Principal

# Welcome!!!

**STUDENT ORIENTATION & OPEN HOUSE** 

Wednesday, August 24, 2022

Orientation - 4:00 – 5:30 p.m. - (Freshmen)

Open House – 5:30 – 7:00 p.m. (All Students)



WWW.FREMONTSCHOOLS.NET



# Freshman- Class of 2026

We are very excited to welcome the class of 2026 to Fremont Ross High School. Your child has begun this first step towards graduation, and it is important to realize, beginning this year, all classes taken will count toward the credits needed to graduate, and will be factored into your child's cumulative GPA. In fact, the GPA earned in the freshman year is equally as important as the GPA earned in the senior year so it is vital to start strong. Have your child ask questions often and continually monitor his or her progress on progress book.

Please do not hesitate to contact Mr. Schell in guidance (419-334-5467 or <a href="mailto:schellw@fremontschools.net">schellw@fremontschools.net</a>) with any questions or concerns as they arise. It is important that parents stay involved with their student's education throughout all four years of high school. You can also contact the assistant principal for the freshman –Mr. Kyle Hintze at 419-334-5463 or <a href="mailto:hintzek@fremontschools.net">hintzek@fremontschools.net</a>).

Be sure to follow the Ross High Guidance Department on Twitter and like us on Facebook.

# Sophomore- Class of 2025

Welcome back Class of 2025! Sophomore year is filled with many expectations that will open for you a variety of pathways for graduation. Your goal this year is to build your academic portfolio and strengthen your skills and interests so that you may make informed decisions regarding your future as a student, workforce member and community stakeholder. State testing results and course credits are major factors in determining your path towards graduation. I encourage you to take ownership of your scores and grades so that you feel prepared for each step of your high school educational journey. What you do today will impact your tomorrow. Be mindful of all the new information that will be presented to you. If you have any questions, please let me or Ms. Blanton know as soon as possible. We will do our best to help you set your goals for the school year. Our goal as a staff is to help you be successful.

Our contact information is: Mr. Hintze, assistant principal 419-332-5463 or at <a href="https://hintzek.org/hintze

## **Junior- Class of 2024**

**Welcome back Juniors - Class of 2024!** You are now officially halfway through your high school experience. In September, we will be coming into your English classes to speak to you about what you need to achieve this year as juniors to prepare for your senior year, graduation, and life after high school. Please feel free to schedule a meeting to have a graduation credit check done to see where you stand and what still needs to be accomplished to reach your goal of graduation. Please check your FCS email daily for important information regarding your education as well as junior class and school activities.

Mrs FJ will be setting up a Google Classroom for the Junior class. Please accept the invitation when you receive it. This is how she will be communicating important information to the Juniors.

If you have questions, or if you do not have an English class here at Ross this year or have any other questions, please contact your guidance counselor - Mrs. Melissa Frizzell-Joerg at 419-334-5495 <u>joergem@fremontschools.net</u> or Ms. Lyndsey Robinson, Assistant Principal - (419) 334-5461 or at <u>robinsonl@fremntschools.net</u>.



BE SURE FINALFORMS ARE COMPLETED FOR 2022-23 SCHOOL YEAR

WWW.FREMONTSCHOOLS.NET



# Senior- Class of 2023

Welcome back Class of 2023 - our Senior class! The Fremont Ross school community is excited to help you achieve your goal of graduation this school year. We encourage you to reach out to your resources and supports throughout this year to help you stay on track for graduating.

If you are a senior who has chosen the College Credit Plus, Vanguard Tech Center or Work/Community Service and are not attending Ross HS at any part of the day, be sure to check in with Ms. Huth, senior guidance counselor, periodically for important graduation and scholarship information. You will also receive announcements and updates via e-mail from FinalForms. You should also check the guidance department's website; it would be a good idea to bookmark this page-

https://sites.google.com/fremontschools.net/ross-school-counseling Remember, if you are not attending classes in our building, you are responsible for checking in to see what is happening! There is a lot that takes place during your Senior year and DEADLINES matter. Communication will be key. Be sure to check your fremontschools.net email regularly!

All seniors and their parents/guardians are encouraged to schedule a Graduation Success meeting with Ms. Robinson and Ms. Huth during the first few months of the new school year. This meeting reviews the graduation requirements set by the State of Ohio and the Fremont City Schools district as well as your individual transcript listing all that you have already accomplished and what still needs to be achieved to reach the goal of graduation. Please contact Ms. Robinson at 419.334.5461 or robinsonl@fremontschools.net or Ms. Huth at 419.332.4390 or huthe@fremontschools.net to schedule this meeting.

According to yearbook policy, all senior portraits will be taken with one photographer. Ripcho Studios will be taking all of the senior portraits for the yearbook. Students may choose to have their own personal photos taken with any photographer of their choice; however, the yearbook photo <u>mus</u>t be taken by this company in order to be included in the yearbook.

Seniors should choose to sign up for a **FREE** photo shoot during the school day. These dates are **Friday**, **September 2nd and Friday**, **October 28th. You can sign up by stopping in the main office**. All photos will be taken at Ross. Portrait packages will be available for purchase. The deadline for these photographs is October 28, 2022. The yearbook dress code is as follows: **Senior males must wear a button up dress shirt and tie**, **and females must wear a dress blouse/sweater with sleeves. No cleavage is allowed to be visible.** If you choose not to have your photo taken with Ripcho Studios, then you will *not* be included in the senior portrait section of the yearbook. **No exceptions!** Please schedule your appointment at school or through Google forms now!

**Senior Alert!**- If you are eligible for a Physical Education waiver for two seasons of sports participation but have not submitted any paperwork to the guidance office to verify this, you will be scheduled this year for Physical Education, a state requirement for graduation. Forms to verify your sports participation can be picked up in the guidance office. Remember, to receive a waiver, you must have two seasons of sports participation even if you have taken one semester of Physical Education. There are no partial waivers. If any questions, please contact the guidance counselor – Ms. Emily Huth, 419.332.4390 (<a href="https://huthe@fremontschools.net">huthe@fremontschools.net</a>) or Ms. Lyndsey Robinson, Assistant Principal - 419.334.5461 or robinsonl@fremontschools.net.

### STUDENT INFORMATION & SERVICES AT ROSS

Students-Do you need the bell schedule, dress code, school calendar, lunch menu, access to ProgressBook, FinalForms or pretty much any other information about Ross High School? Do you need to set up an appointment to talk to a guidance counselor or principal?

Scan this QR code to find it all!







# V.I.I. - Very Important Information!

### **From the Child Nutrition Department**

Meal Prices for the 22-23 school year are as follows:

Ross HS Reduced

 Breakfast:
 \$1.50
 .30

 Lunch:
 \$3.00
 .40

 Ala Carte Milk:
 .50
 .50

Free and reduced meal applications may be filed at https://fremontcity.familyportal.cloud/
Cash payments will be accepted at the designated cafeteria register before the start of first period at
both FMS and Ross HS. No change will be given and payments made after the start of 1st period may
be taken in the school finance office. No payments will be accepted during the lunch period in the
cafeterias.

Students may take 2 fruit and 2 vegetable servings along with a milk and entree with lunch, and they may take 2 fruit servings along with a milk and entree for breakfast.

We will do our best to post the menu ahead of schedule while providing a variety of choices, but due to supply chain interruptions we may be forced to change the menu last minute or limit menu options. Students with documented food allergies or meal needs are required to have a physician's note on file with the school in order for accommodations to be arranged. If you have any questions regarding school meals please forward them to ruscht@fremontschools.net.



### **SAVE \$\$\$\$ - ORDER YOUR YEARBOOK TODAY!**

Don't miss out on the memories of the 2022-2023 school year! Order your yearbook today! Order your 2023 yearbook by October 21 to save money NOW. You may still order after that date; however, the price increases as time goes on.

There are 2 ways to order -

- -Order online at <u>yearbookforever.com</u> to pay with credit card, debit card or PayPal.
- -Order at school with Mrs. Mohr in the Finance Office to pay cash/check/card.
- \* \$70 thru October 21 \*\$75 thru January 17 \*\$80 thru April 1 \*\$85 after April 2 & until sold out.

### **SENIORS: SCHEDULE YOUR SENIOR PORTRAITS TODAY!!!**

Call or stop in the Main Office (419-332-8221) to sign up for your free senior yearbook portrait in order to be included in the senior section of the yearbook. The dates available are **September 2nd** and **October 28th**. These photos are also used for Student of the Month spotlights, Senior spotlights, banners, and the Senior section of the newspapers. If you don't get your picture taken by Ripcho on either of those in-school sessions. This is a **firm** deadline to be included, so don't miss out!

### **PARENTS: SENIOR BABY ADS**

Stop by the Finance Office or go to <u>yearbookforever.com</u> to give a special shoutout to your favorite senior by placing a **Senior Baby Ad!** 

Include a photo as well as a special message! Deadline to have your baby ad included is November 18th







### STUDENT ORIENTATION & OPEN HOUSE

Wednesday, August 24, 2022 Orientation - 4:00 - 5:30 p.m.-Freshmen Open House - 5:30 - 7:00 p.m. - All Students

### **STUDENT PARKING**



Students have received an email regarding a Google form to fill out if you are interested in purchasing a Parking Pass for \$15.00 to park in the student lot behind Ross High School. The drug testing form in FinalForms, along with all other FinalForms must be completed before you pay your \$15.00 and receive your parking tag. Payment is preferred via credit/debit card by calling the Finance Office at 419-334-5426 or by stopping by the Finance Office.

### **CALCULATOR POLICY - ROSS HIGH SCHOOL**

Due to the mandated Ohio state testing, it is necessary that all students have the appropriate calculator for the course they are enrolled.

Students enrolling in Algebra II, Statistics, Trigonometry, Pre-Calculus, and AP Calculus are required to purchase a TI 83, TI 83 Plus, TI 84, or TI 84 Plus graphing calculator. This will be the only calculator most students will need through their high school and college career. Calculators may be purchased at many stores around Fremont. The Math Department encourages parents to have their student pay for all or part of their own calculator. Students enrolling in Algebra I, Geometry, or any other math related class are encouraged, but not required, to purchase a TI 83, TI 83 Plus, TI 84, or TI 84 Plus graphing calculator to become more familiar with its functions and use. Students enrolled in these courses are required to have a TI 30 calculator for basic computations. If you have any questions please feel free to contact the Ross High School Main Office at 419-332-8221

**Students**, please check your school email often! Very Important information is e-mailed often from your teachers and also from the administration. Please note that some of these emails will be sent from FinalForms, so be sure to open those!

**Parents/Guardians**, please check your email often! Very Important information is e-mailed often from teachers and also from the administration. Please note that some of these emails will be sent from FinalForms, so be sure to open those!







### Fremont Ross High School Daily Schedule

Regular Schedule			
Period	Time	Minutes	
1st period	7:30-8:22	52	
2nd Period	8:26-9:18	52	
3rd Period	9:22-10:16 (HR)	54	
4th Period	10:20-10:46 (Lunch)	26	
5th Period	10:50-11:12	22	
6th Period	11:16-11:42 (Lunch)	26	
7th Period	11:46-12:08	22	
8th Period	12:12-12:38 (Lunch)	26	
9th Period	12:42-1:34	52	
10th Period	1:38-2:30	52	

2 Hour Delay				
Period	Time	Minutes		
1st period	9:30-10:05	35		
2nd Period	10:09-10:44	35		
3rd Period	10:48-11:24 (HR)	36		
4th Period	11:28-11:54 (Lunch)	26		
5th Period	11:58-12:03	5		
6th Period	12:07-12:33 (Lunch)	26		
7th Period	12:37-12:42	5		
8th Period	12:46-1:12 (Lunch)	26		
9th Period	1:16-1:51	35		
10th Period	1:55-2:30	35		

AM Activity Period				
Period	Time	Minutes		
1st period	7:30-8:14	44		
2nd Period	8:18-9:02	44		
3rd Period	9:06-9:50 (HR)	44		
Activity	9:54-10:48	54		
4th Period	10:52-11:18 (Lunch)	26		
5th Period	11:22-11:36	14		
6th Period	11:40-12:06 (Lunch)	26		
7th Period	12:10-12:24	14		
8th Period	12:28-12:54 (Lunch)	26		
9th Period	12:58-1:42	44		
10th Period	1:46-2:30	44		

PM Activity Period			
Period	Time	Minutes	
1st period	7:30-8:14	44	
2nd Period	8:18-9:02	44	
3rd Period	9:06-9:50 (HR)	44	
4th Period	9:54-10:20 (Lunch)	26	
5th Period	10:24-10:38	14	
6th Period	10:42-11:08 (Lunch)	26	
7th Period	11:12-11:26	14	
8th Period	11:30-11:56 (Lunch)	26	
9th Period	12:00-12:44	44	
10th Period	12:48-1:32	44	
Activity	1:36-2:30	54	



Pep Assembly				
Period	Time	Minutes		
1st period	7:30-8:18	48		
2nd Period	8:22-9:10	48		
3rd Period	9:14-10:02 (HR)	48		
4th Period	10:06-10:32 (Lunch)	26		
5th Period	10:36-10:54	18		
6th Period	10:58-11:24 (Lunch)	26		
7th Period	11:28-11:46	18		
8th Period	11:50-12:16 (Lunch)	26		
9th Period	12:20-1:08	48		
10th Period	1:12-2:00	48		
Pep Rally	2:04-2:30	26		

### Office Hours

 Main Office
 7am-3:30pm
 419-332-8221

 Athletic Office
 7am-3:30pm
 419-334-5424

 Attendance Office
 7am-3:30pm
 419-334-2742

 Finance Office
 6:45am-3:15pm
 419-334-5426

 Guidance Office
 7am-3:30pm
 419-334-6781

Guidance Counselors: 7:15am-2:45pm



### **Immunization Requirement for 12th Grade**

The Ohio Department of Health is requiring all students entering 12th grade be vaccinated against meningococcal disease. The students are required to have the MCV4 immunization prior to the first day of 12th grade. Please contact the Sandusky County Health Department at (419)334-6367 or your family physician to schedule an appointment. Students not in compliance with the immunization requirements are to be excluded from school attendance no later than the 15th day after the start of school.

Please provide documentation to the school nurse or Ross main office as soon as possible after your student receives the required immunization.

### \*\*\*\*\*HOMEROOMS - IMPORTANT INFORMATION\*\*\*\*\*

Your homeroom will be with your 3rd period teacher. On an as needed basis, homeroom time will be at the beginning of 3rd period. Homeroom is where all important information and forms will be distributed and returned. If you do not have a 3rd period class, you should check with your guidance counselor, your email and social media periodically to be sure you haven't missed any important information. E-mail is an easy way to keep in touch with the counselors, teachers & principals. Also be sure to monitor your email; announcements and other important information that is sent via email!

BE SURE TO CHECK YOUR SCHOOL EMAIL AT LEAST TWICE A DAY Find staff e-mail addresses at <a href="https://www.fremontschools.net">www.fremontschools.net</a>.







Principal - Mrs. Oravets oravetsc@fremontschools.net

11th/12th Grade Principal -Ms. Robinson robinsonl@fremontschools.net

9th/10th Grade Principal - Mr. Hintze hintzek@fremontschools.net

Coordinator - Mr. Cahill cahilli@fremontschools.net

Find your teachers' email addresses at www.fremontschools.net

### **GENERAL SCHOOL INFORMATION**

Throughout the school year students, parents or guardians may need to contact the school. We hope the following information is helpful:

### **MAIN OFFICE** - 419-332-8221

ATTENDANCE OFFICE - 419-334-2742

Principal: Christine Oravets 419-334-5420 Attendance Secretary: Judy Zyski Office Hours: 7:00 a.m. - 3:30 p.m. Asst. Principal Kyle Hintze 419-334-5463 (9th & 10th)

Asst. Principal: Lyndsey Robinson 419-334-5461 (11 & 12th)

Coordinator: John Cahill 419-334-4451

Office Mgr: Sandy Harman 419-334-5421 **FINANCE OFFICE** - 419-334-5426 Secretary: Patty Dumminger 419-332-8221 Finance Secretary: Robin Mohr Office Hours: 6:45 a.m.—3:15 p.m.

Office Hours: 7:00 a.m. - 3:30 p.m.

### **ATHLETIC OFFICE**

419-332-6462/419-334-5424 Phone:

Director: Chad Berndt Secretary: Stephanie Martin

Office Hours 7:00 a.m. - 3:30 p.m.

### FIRST AID OFFICE

Phone: 419-334-5469

Nurse: Nichole Mendoza, R.N.

Office Hours - 7:15-2:45

### **GUIDANCE OFFICE**

Counselors:

Bill Schell (9th) 419-334-5467 Lesly Blanton (10th) 419-334-5479

419-334-5495 Melissa Frizzell-Joerg (11th)

Emily Huth (12th) 419-332-4390

Secretary Stephanie Hetrick 419-334-6781 Counselor Hours - 7:15 a.m. - 2:45 p.m. Office Hours: 7:00 a.m.—3:30 p.m.



# COMMUNITY

### LITTLE GIANT ATHLETIC DEPARTMENT

### **E-TICKETING FOR ATHLETIC EVENTS**

All tickets will need to be purchased through our digital box office. To purchase tickets visit our website – www.littlegiantathletics.com. From the drop down menu – select PURCHASE TICKETS. Once you have selected the event you want to attend and the number of tickets you would like to purchase, finalize your transaction by simply checking out. After you have completed your transaction a confirmation email along with your digital ticket will be sent to you immediately. The digital ticket can either be downloaded to a smart device or printed off and presented to the ticket scanners working our events. Tickets for athletic contests will go on sale one week prior to the date of the event. This year we will NO LONGER be selling tickets at the gate.

Should you have any questions or need assistance with a purchase, please contact the Ross Athletic Department at 419.334.5424.

### SENIOR CITIZEN PASSES

Senior Citizen Passes – Fremont City Schools provides its senior citizens age 65 and older the opportunity to attend all school related programs, including athletic events, free of charge. As we did this past school year, senior citizens are required to obtain a digital pass. Complimentary passes can be obtained by stopping by the Ross Athletic Department Monday-Friday -7:30 a.m. until 2:30 p.m. Proof of residency and age are required before senior citizen passes will be issued.

If you have any questions or need assistance with a purchase, please contact he Ross Athletic Department at 419-334-5424.

### **Keeping Informed**

<u>Announcements & Newsletters</u> – Daily Announcement & Quarterly Newsletters will be emailed daily through FinalForms along with very

important, ever changing information. Watch your school email and parent emails for very important information!

You should also check the **Ross Guidance/School Counseling Department's website**; it would be a good idea to bookmark this page-

https://sites.google.com/fremontschools.net/ross-s chool-counseling

Or you can go to: <a href="www.fremontschools.net">www.fremontschools.net</a> ~ Departments ~ Student Services ~ School Counseling ~ Ross High School Counseling Google Site

### **ACE MENTORING**

ACE (Assisting Children to Excel) Mentoring Program is a school based mentoring program at Ross High School for students in grades 9 –12 and at Fremont Middle School for grades 6-8 that provides career guidance and supportive services to participating students. Students and mentors are matched based on their career or similar interests. Our community mentors represent many careers and backgrounds and meet with their students at Ross High School and Fremont Middle School weekly during the school day virtually this year. Last school year, 47 students participated in the ACE Mentoring Program.

Parent permission is required for a student to participate in ACE and to have a mentor. All mentors are required to complete an application and pass an FBI and BCI background check.

Research shows that mentoring relationships help students acquire additional confidence, learn new skills, and increase their grades and attendance. ACE Mentoring Program within Fremont City Schools has been successful in meeting these goals.

Funding for ACE Mentoring Program is provided by the United Way of Sandusky County and there is no cost for students to participate. For more information, contact: Mrs. Susan Frye, e-mail at fryes@fremontschools.net or office: at 419.334.5484.

