FREMONT : STUDENTS : STAFF City Schools : COMMUNITY

HORTHE CAROLINA

February 2024

Back by popular demand - we continue our look at having a GROWTH MINDSET! Have you ever heard the phrase, "It is the journey, not the destination"? In education, it can be rephrased to - "It is the process, not the product." Getting a math problem correct is great, but what is even better is knowing the PROCESS involved in getting that math problem correct. If you know the process, then you likely can get the next problem correct, and the next, and the NEXT! Knowing how (the PROCESS) to do something then is more important than even the answer! Part of the process is also the willingness to try, accept failure, and still continue to work hard on a problem. Hard work is part of the process too! Dr. Dweck's research would suggest that "parents and teachers do better to focus on praising the 'process' or personal effort and any effective strategies used, which fosters motivation by placing a VALUE on what the students have done and what they need to do to continue to

be successful." This simple act of praising the PROCESS your child took to learn, rather than ability or the end product, can have a dramatic effect on cultivating a growth mindset.

Here are some ideas to phrase your feedback in a way that develops more of a growth mindset to get you started:

I see that you have been trying so hard at ...

I see that you are trying again, great thinking.

You remembered to use the procedure for

It must feel good to follow those steps you have taken.

What a brilliant way to approach the task.

I noticed you are thinking through the steps we discussed.

You were confident with the task and I know you will be with the next step.

I am watching the way you're approaching this and I think your effort is outstanding.

The steps you took must have really helped you...

You are becoming more confident at

Good job taking on such a hard task ...

You are taking on harder tasks and that must make you feel confident.

I like the way that you

You must have tried really hard at this.

For more information on having a Growth Mindset, visit the website: mindsetworks.com. As always, it is my honor and pleasure to serve the world-class students and staff of Otis Elementary. I look forward to working together as we make this a successful year of learning and achievement.

Make it a great day!

Mr. Matz







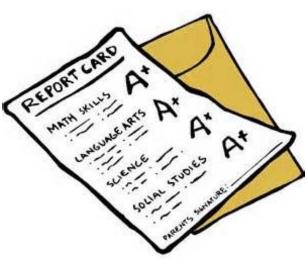






Olive Wright Mason Winer Bailey Rollins Khamh Cung Easton Hetrick Analiah Martinez Anthony Marzolo Dexter Wasserman Hennessy White Skylar Wilhelm Rachel Wasserman Joseph Leonard Izabelle Griffin Adrienne Albrecht Aleigha Artz Greyson Tooman Gavin Voelker Milana Fisher Ryan Krueger Tuliette Ollom Addison Slagle Silas Wynn

Alivia Albrecht Preston Carnicom **Adrion Holmes** Bryce Holmes McKenna Johnson Travis Johnson Fiona Wright Sophia Swanson EmmaLee Vencil Malthew Reiselt Audrey Parish Aria Wukie Adriana Colon Landon Voelker Sydney Whited Khayd Bulger Madalyn Slagle Madelyn Wilhelm





Ian Wilburn **Charles Stratton** Sadie Sartin Khaniya Nason **Amiyah Mccoy** Abigail Lewallen Micheal He **Braxton Crowell Phoenyx Cortez** Aidric Allen Lia Baatz Camden Brown Ciri DeLaCruz Aiya Escobedo Janiyah Garza Joseph Hammer Pierce Perkins Kara Rhoades **Kenzingtyn Schmidt Abigail Whited**

Alivia Asam
Blake Covert
Brock Crowell
Mariela Kwiatkowski
Blayden Marino
Ella Banda
Ryleigh Shilling
Ryder Stewart
Zamiya Pugh
Kenzington Swanson
Jayleanna Gamble
Brody Daley
Brody Askins



Jeremiah Alejandro Kavla Brown Gage Daley **Noah Seibert** Lincoln Gardner **Annie Good** Isaiah Ingles Jamila Andres Talia Hull **Mason Inks** Aliya Scott Asher Wynn **Brae-Lynn Harris** Marcus He Kashi Lindsey **Zoey Martich Julius Ruiz Kennedy Sandoval Addy Mullholand** Kaidn Ryf Delilah Vollmar **Trenton Winer**



Cardy Awards

Amayiah McCoy Ryder Stewart Claire Schwochow Bella Le Jeune Elena Huether Caylee Welch Kashi Lindsey Jamila Andrea Asher Wynn Anyssa Lopez Jaylynn Harder Jazlyn Reyescruz Berkley Tolman Violet Burmeister Paisley Sherman Cosme Chapa Garcia Collin Holmes Marcel Omenitsch Sajus Rush Azucena Velasquez **Allison Vittatow**

Jose Hernandez-Flores Ameiyah Martin Natalee Patino Nora Rohde Cyn.Maya Leggett Eliza Prescott Jayden Wyatt Kash'Mere Wimbush Ashlynn Vencil Alayna Mata Charles Martin Joshua Laird Reagan Hallock JaKobe Cruz Liam Brewer Gemma Wukie Maddie Hill Ellaena Shilling Santiago Munz-Garcia



Perfect ** Attendance!

Zaidy Crispen JaKobe Cruz Jace Johnson Lincoln Johnson Cara McGowan Charlotte Whisler **Brody Wilhelm Apollo Burel Kaizer Davis** Jose Hernandez-Flores Collin Holmes Dawson Muth Landon Prudham **Gavin White** Roman Bulger Elijah Gardner Amelia Good Lincoln Langley Madalyn Slagle **Crayton Turnow**

Temporo Vallejo

Kiern Britt **Preston Carnicom** Adriana Colon Marley Crispen Khamh Cung Josiah Dominguez Marcus He **Adrion Holmes** Bryce Holmes McKenna Johnson Travis Johnson Aria Leonard Aliya Scott Bryce Sewell Landon Voelker Sydney Whited Alivia Asam **Achlys Britt** Kayla Brown Blake Covert

Lincoln Gardner **Bradley Gonzalez** Ryan Krueger Kendra Leavitt **Nataly Lemus** Blayden Marino Xayland Martin Juliette Ollom Armari Reymond Adrian Salaya Sariyh Shields Jaxson Smith Silas Wynn Camden Brown Aiya Escobedo Micheal He Rylee Holley Joseph Leonard Abigail Lewallen **Taylor Pollard** Carter Reymond Claire Schwochow **Greyson Tooman** Gavin Voelker Rachel Wasserman Paige Weiss Abigail Whited Sylar Wilhelm



GUIDELINES FOR SCHOOL DRESS

To provide reasonable guidelines for the students that promote community values relative to good grooming and personal hygiene, preserve the health and welfare of students and prevent substantial and material disruption to, or direct interference with, the educational process.

It is the responsibility of the students to dress in a manner consistent with the above referenced purpose and to take pride in their personal appearance.

Apparel for School

Acceptable Apparel - The following apparel items are acceptable provided that they are clean, in good condition and otherwise consistent with the above-referenced purpose:

- 1. Shoes must be worn. No slippers. No flip flops or sandals for PK-8.
- 2. Hair that is well groomed.
- 3. Trousers, jeans, skirts, dresses, shirts, shorts, sweaters, and blouses provided that such items are of conventional length.
- Athletic wear.

Unacceptable Apparel - The following are unacceptable apparel and subject to disciplinary action:

- 1. Tank tops and low-cut tops. (All shirts must have sleeves.) Shirts, blouses, and sweaters that do not come to the top of the pants and/or expose skin when seated/standing. Articles that reveal the back, chest, upper-thigh, or undergarments. Shirts must fully cover the stomach. Ripped pants/jeans that expose skin on the upper-thigh or above, or reveal their undergarments.
- 2. Clothing that contains insignias, advertisements, symbols, words, patches, or pictures that endanger or interfere with the health and welfare of any student or cause substantial and material disruption to, or direct interference with, the educational process. Clothing prohibited under this rule includes that which is suggestive of violence or gangs or which relates to sex, drugs, alcohol or tobacco.
- 3. "Biker" or spandex-type shorts. Leggings/yoga pants are to be worn with a top that reaches to the midthigh.
 - 4. Skirts, dresses, and shorts must be midthigh in length.
- 5. Sagging pants, shorts, or skirts that are worn below the waist exposing undergarments; pajamas.
 - 6. Large chains or wallets with attached chains are not allowed.
 - 7. The following items are not to be worn in the building:
 - a) hats, head coverings (unless for religious articles) or other apparel, including hair picks;
 - b) coats designed specifically for outside wear (unless approved by the building principal);
 - c) sunglasses, unless authorized by a doctor:
 - d) earbuds/headphones.





Caring in the Classroom...

A few Caring in the Classroom:

Show your teeth some LOVE!

February is National Dental Health Month. Healthy habits begin at home.

- Brush twice a day
- Floss daily
- Limit sugar
- Drink water
- Visit the dentist for a routine check up & cleaning
- Be sure to Smile!

DUE TO THE CALAMITY DAY, THOSE WHO WERE SIGNED UP FOR THE MOBILE DENTIST, IT HAS BEEN RESCHEDULED FOR MARCH 19th.

What is the Mobile Dentist???

Every year, the Mobile Dentist visits Otis with dentists & dental hygienists who are local & state licensed. A form is sent home a few weeks prior to the visit & once completed, signed, & returned, your student can be seen! After the visit, a copy of their report is sent home and explains in detail what was done as well as recommendations.

Benefits of the Mobile Dentist include:

- Complete dental exam including X-rays, fluoride, & sealants
- No need to take time off of work to take your student to the dentist
- No travel expense
- Limited time away from class
- Kids are comfortable in their surroundings of school
- Accepts Medicaid, CHIP, Private Insurance, & a highly discounted rate if Self Pay. There is also a grant program to help with payment.

Any questions please let me know, Brooke Huber, RN LSN BSN eminders for the upcoming winter for here at school:

- Please send in chapstick for your student to use (I cannot provide or apply chapstick or lotion without an order).
- Do NOT send in cough drops. Water is best. Unless you have a physician's order, I cannot provide cough drops.
- Send in a water bottle with your student. Kids don't drink enough water as it is and the winter months are extremely drying.
- Dress in layers. The temperature fluctuates in the building.
- Coats, mittens/gloves, & hats. The playground can be cold and windy even if it doesn't feel like that at your home.

If your student becomes ill, when can you send him/her back???

- No fever (above 100) for the past 24 hours without fever reducing medication
- No diarrhea within the past 24 hours
- No vomiting within the past 24 hours



Any questions or concerns, please let me know. Brooke Huber, RN LSN BSN 419-332-8964 ext 2605 huberb@fremontschools.net



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Feb. 12	Kindness Week: "Ties" us together Wear a tie
Feb. 13	Kindness Week;100 ways to be kind: Dress like you are 100
Feb. 14	Kindness Week: We love being kind, wear red, pink or hearts
Feb. 15	Kindness Week: Wear your favorite jersey or sports team
Feb. 16	Kindness Week: Wear Otis shirts or colors
Feb. 16	Candy bar sale ends
Feb. 19	NO SCHOOL Presidents Day
March 1	Dr. Seuss Day



PTO News

Join us at our meetings! We have lots of fun and plan some fun stuff for our students and staff. We meet the 2nd Tuesday of every month in the Cafeteria (or conference room) at 5:30 pm. If you have any questions, you can call the school and ask!

Thanks for all your hard work selling our candy bars! We are off to a great start! Sale ends February 16th with all money turned in by Feb.23rd!

WINTER WEATHER AND RECESS

Please make sure that your child dresses properly for outside recess during the winter months. Coats, hats and gloves are a must!





Please remember that if you change phone numbers, address or contacts, you must update your information in Final Forms. The school staff depends on this information to be current in case you need to be contacted.

STUDENTS



