



November 1, 2023

SCHOOLS

STRONG ACADEMICS

Pop Tab Collection
Make-A Difference Club
Pennies by the Pound
Lutz Read-a-Thon
Important Dates
Office Reminders
Zones of Regulation

STRONG CHARACTER

College Corner
Word of the Month

From the Principals!

Happy November! It is difficult to believe we are already into the second quarter of school!

Throughout the month of October the students celebrated our 4-Star rating, Title 1 Literacy Night, Spanish Heritage Month, and Red Ribbon Week. They were very busy!

Our Halloween celebrations were a huge success. Student enjoyed a spooky lunch, got to see their teachers mummified, and then participated in our annual Halloween costume parade. It was great to see so many parents, grandparents and friends take time to come and support the students.

November is the month to reflect on how blessed and thankful we are. Take time to celebrate with family and friends.

Happy Thanksgiving to our Lutz families.

Dr. Pierce
Mrs. Roth



Pop Tab Collection

Send in your pop tabs and aluminum pull tops from cans to benefit The Ronald McDonald House, which is a charity that helps families with seriously ill children during their hospital stay. Recycling these items helps to fund the kitchen pantry and offset the annual food budget at the Ronald McDonald House of Northwest Ohio.



Ronald McDonald
House Charities®
Northwest Ohio

Make-a-Difference Club

Make-a-Difference Club sponsored a candy guessing contest in October. Students paid \$.25 for a chance to guess how many candies were in the jar. Winners from each grade level won the jar of candy. The proceeds will go towards fleece blankets that the club members will make and then donate later in January.

Pennies By the Pound

Congratulations to all the students at Lutz. They collected a total of 235 pounds. The total amount of pennies collected equalled \$992.31. AMAZING!

Mrs. Markwith's class collected the most pennies at 46 pounds. TERRIFIC!

All contributions were donated to United Way.

"Lutz Read-a-Thon Fundraiser"

Our students raised an amazing \$8162.50 during the Read-a-thon! All proceeds will be added to our PTO funds. Our PTO supports our students in so many ways. Here are a few items our PTO does for Lutz kids and teachers: mid-term and end of the grading period incentives, crafts and activities for Christmas, Literacy Night, Candle Light Lunch etc.



STUDENTS

Piñata for Hispanic Heritage Month



Title 1 Literacy Night

Spooky Lunch, Mummifying Teachers, & the Halloween Parade.



Important Dates

Friday, November 3, 2023- NO SCHOOL, Parent-Teacher Conferences

Thursday, November 9, 2023- 50th day of School: Wear school appropriate 1950's attire

Thursday, November 16th & Friday, November 17th- Grandfriends Lunch

Tuesday, November 21, 2023- Talent Show

Wednesday through Friday November 22nd, 23rd and 24th- NO SCHOOL, Thanksgiving Break

Tuesday, November 28, 2023- 60th day of school: Wear school appropriate 1960's attire

Wednesday, December 20, 2023- 2nd Grading Period Ends

Thursday, December 21st through Monday, January 1, 2024- NO SCHOOL, Christmas Break

Monday, January 15, 2024- NO SCHOOL, Martin Luther King Day



From the Office:

-If your child will be out for an extended absence, such as a vacation, please contact the office to get the appropriate form that needs to be signed.

-Please remember to update Final Forms with any changes (phone numbers, address, emergency contacts, etc.)!



STAFF

THE ZONES OF REGULATION

A CURRICULUM DESIGNED
TO FOSTER SELF-REGULATION AND
EMOTIONAL CONTROL

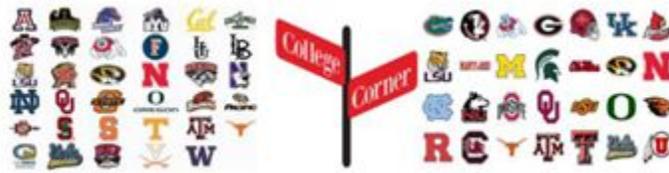


Students reflect on what events or “triggers” push them into the Yellow and Red Zones. When students can identify their triggers, they are more likely to better brace themselves for what is to come. This allows more time to problem solve or use their “tools” to cope. Can you identify your child’s triggers?

TOOLS WE CAN USE!

- Count to 10
- Wall push-ups
- Positive Self-Talk
- Jumping Jacks
- Go For A Walk
- Shoulder Rub
- Bounce
- Carry Something Heavy
- Fidget Ball
- Hug
- Read
- Listen to Music





November

How else can you help your child now and in their future career or in college? Instill in your child a growth mindset. This means you believe intelligence is not fixed, but that you can grow your brain through challenges, hard work, and persistence. Recent neuroscience research supports this theory especially in young brains. Praise your child's efforts, not just successes! Say things such as: "I like how you didn't give up on that science assignment, even though it was hard."

Future Chat questions: What is something you can do if you get frustrated or the work is hard to do? Share an example with your child of a time you worked hard at something and didn't give up.

The word of the month for **November** is **Dependability**. Someone who is dependable exhibits trustworthy behavior. They show that they can be responsible and you can count on them to get things done. They are leaders and follow through on tasks. Children learn best through modeling so following through on promises you make to your child/children will show them they can depend on you.

Does your child show dependability?

Does he/she get homework done on time and always put in the best effort?

Does he/she always try to complete the task no matter how difficult it is?

Does he/she do his/her chores at home?

Mrs. Rosales

Professional School Counselor

