Fremont Ross High School Daily Schedule

Regular Schedule		
Period	Time	Minutes
1st period	7:30-8:22	52
2nd Period	8:26-9:18	52
3rd Period	9:22-10:16 (HR)	54
4th Period	10:20-10:46 (Lunch)	26
5th Period	10:50-11:12	22
6th Period	11:16-11:42 (Lunch)	26
7th Period	11:46-12:08	22
8th Period	12:12-12:38 (Lunch)	26
9th Period	12:42-1:34	52
10th Period	1:38-2:30	52

2 Hour Delay		
Period	Time	Minutes
1st period	9:30-10:05	35
2nd Period	10:09-10:44	35
3rd Period	10:48-11:24 (HR)	36
4th Period	11:28-11:54 (Lunch)	26
5th Period	11:58-12:03	5
6th Period	12:07-12:33 (Lunch)	26
7th Period	12:37-12:42	5
8th Period	12:46-1:12 (Lunch)	26
9th Period	1:16-1:51	35
10th Period	1:55-2:30	35

Activity Period		
Period	Time	Minutes
1st period	7:30-8:14	44
2nd Period	8:18-9:02	44
3rd Period	9:06-9:50 (HR)	44
Activity	9:54-10:48	54
4th Period	10:52-11:18 (Lunch)	26
5th Period	11:22-11:36	14
6th Period	11:40-12:06 (Lunch)	26
7th Period	12:10-12:24	14
8th Period	12:28-12:54 (Lunch)	26
9th Period	12:58-1:42	44
10th Period	1:46-2:30	44

Pep Assembly		
Period	Time	Minutes
1st period	7:30-8:18	48
2nd Period	8:22-9:10	48
3rd Period	9:14-10:02 (HR)	48
4th Period	10:06-10:32 (Lunch)	26
5th Period	10:36-10:54	18
6th Period	10:58-11:24 (Lunch)	26
7th Period	11:28-11:46	18
8th Period	11:50-12:16 (Lunch)	26
9th Period	12:20-1:08	48
10th Period	1:12-2:00	48
Pep Rally	2:04-2:30	26